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# RAKSHA CARE HOMES

assisted  
living

*“to protect and care for”*



RAKSHA means "to protect and care for."

We are licensed care facilities for the elderly, for both ambulatory and non-ambulatory individuals. Our homes are located in the heart of Albany, within walking distance to the international shops of downtown Solano Avenue.

Raksha Care Homes are non-medical facilities which employs certified caregivers, as well as nursing assistants, and has a 24-hour awake staff. Our team consists of highly qualified individuals who strive to provide the best possible assistance and support to our residents. We promote a positive approach in supporting seniors' lifestyle.

We are trained to work with seniors experiencing physical limitations and challenges due to an illness or injury. We provide the highest level of personal care for developments in aging and specialize in hospice.

At Raksha, we strive to maximize each resident's quality of life and functional ability through the evaluation of physical, emotional, and psychosocial needs. We customize a care plan which is revised according to each resident's changing needs, interests, and level of help, thus giving maximum independence and choice to our residents. We work with case managers, physical, occupational, and speech therapists in order to provide the best approach for care. Level of care is determined after pre-placement is complete.

Our basic services include: housekeeping, laundry services, fine dining, assistance with medications, bathing, toileting, grooming, personal hygiene, and care arrangements. At Raksha you can enjoy the comforts of home with the security of knowing that someone is always there to assist you.

## our services

- 24-hour on call physician
- Certified caregivers on hand 24 hours a day
- Assist with all activities of daily living
- Assist with medication administration
- Provide fresh, nutritious, quality meals and snacks daily
- Housekeeping and laundry services
- Social events and planned daily activities
- Dementia care\*
- Hospice care\*
- Incontinence management\*
- Transportation with escort to and from routine doctor appointments\*
- Assist with medical and dental needs
- Accommodations for short and long term stay

*\* additional charges apply*

At Raksha, we encourage health and wellness through dignity and respect. It is an ideal environment for families who want a home away from home for their dear ones. Whether you live in our facility for one day or five years, you will see the same dedication to each resident from our staff.



RAKSHA CARE HOMES

assisted living | family style atmosphere